

Acting Books / A Short List

An Actor Prepares by Constantine Stanislavski
Building a Character by Constantine Stanislavski

- **Books about Stanislavski's system**, both his early work and the evolution of his work - Method of Physical Actions. His work is the basis for all other work and the foundation of contemporary acting technique. There are many great writers that have written at length about his work. Find a few that speak to you.

Acting: The First Six Lessons by Richard Boleslavsky (Great for beginners)

Respect for Acting by Uta Hagen
A Challenge to the Actor Uta Hagen

The Technique of Acting by Stella Adler
The Art of Acting by Stella Adler
Stella Adler on the Master Playwrights (Great for Script Analysis)

The Actor and the Text by Cicely Berry (RSC)

The Complete Stanislavski Toolkit by Bella Merlin

On the Technique of Acting by Michael Chekhov
To the Actor by Michael Chekhov

The Actor and the Target by Declan Donnellan

True and False by David Mamet

On Acting Sanford Meisner

Audition by Michael Shurtleff

Improvisation for the Theatre by Viola Spolin

Actions The Actor's Thesaurus by Maggie Lloyd-Williams and Marina Caldarone

The Director's Craft by Katie Mitchell (extemporary for script analysis)

The New Generation of Acting Teachers by Eva Mekler (Interviews with contemporary masters)

Acting in Film by Michael Caine

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